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Bullied Student Alexandria Janopoulos: Reach Out for Help

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A recent survey of 700 Chicago Public Schools found that one in three students admitted to being cyber-bullied, either online or through text messages.

We were joined by Alexandria Janopoulos, a high school sophomore who was targeted by bullies when she started at a new school.

Janopoulos is part of an all-student panel putting together recommendations for CPS on how to stop bullying.

She recommended students who are being bullied should make sure to talk to their parents and reach out for help.